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Provided by *International Society for Physical Activity and Health*



Welcome to GlobalPANet e-News!

16 July 2014

This issue features new research, initiatives and policies relating to physical activity from around the world.

Please forward this e-News to colleagues and networks and encourage them to sign-up at www.globalpanet.com

You can also email us about physical activity programs, research, resources and events at globalpanet@heartfoundation.org.au

MEMBER PROFILE



Meet Kwasi Antwi Owusu

Meet Kwasi Antwi Owusu, Konadu Yiadom Senior High School, Ghana.

RESEARCH ARTICLES



Perception of built environmental factors and physical activity among adolescents in Nigeria

Find out how adolescents' perception of the built environment influenced their active transport and leisure time physical activity and the possible influence of neighbourhood income.



Reconsidering the Sedentary Behaviour Paradigm

Read about novel findings from a study that examined the interactions between physical activity and sedentary behaviour indicators.



[Physical Activity, Weight Status, Diabetes and Dementia: A 34-Year Follow-Up of the Population Study of Women in Gothenburg](#)
Find out about the long term links between physical activity, associated factors and dementia in this new study from Sweden.



[Also of interest this fortnight...](#)
Click through to find out more about recently released physical activity research articles.

POLICY AND PROGRAMS



[Childhood Obesity Prevention Strategies for Rural Communities](#)
This toolkit is intended to provide a range of science informed, promising or emerging obesity prevention strategies to address childhood obesity in rural communities in five different sectors that serve children.



[Give Me an A for Activity! Motivating Others To Be Physically Active](#)
Read tips from the the National Institute on Aging on how to motivate others to be physically active.



[Physical Activity Following Pregnancy in Women at Risk for Cardiovascular Disease](#)
This article summarizes physical activity preferences among people with type 2 diabetes, suggesting that tailoring physical activity programs to participants' preferences may increase physical activity behaviour and influence quality of life among those with type 2 diabetes.



[Sedentary Behaviors and Youth](#)
Keep updated with the latest evidence in this issue brief from Active Living Research.

EMPLOYMENT OPPORTUNITIES



[Employment Opportunities](#)
Visit the GlobalPANet website for a list of current employment opportunities in physical activity, including research positions in Northern Ireland.

CONFERENCES & EVENTS



[Conferences and Events](#)
The GlobalPANet website contains details of upcoming physical activity conferences, events and professional development opportunities.



Annual Meeting of ISBNPA

'Advancing Behavior Change Science' is the theme of next year's annual meeting of the International Society of Behavioural Nutrition and Physical Activity, taking place in Edinburgh, Scotland.



Walk 21 Pre-Conference Workshops & Events

If you're planning to attend Walk 21, see if you can also go along to a series of related events taking place around Sydney and in the Gold Coast, Australia.

LATEST UPDATE FROM ISPAH

Join and receive a subscription to the *Journal of Physical Activity and Health* along with many other benefits!



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